

	↔ Dilluns ↔	↔ Dimarts ↔	↔ Dimecres ↔	↔ Dijous ↔	↔ Divendres ↔
10:30h	Power loga		Slow Vinyasa loga	loga Embarassades	
12:00h				loga Mare/Nadó	
13:30h		Vinyasa loga			Hatha ioga
17:00h					
17:30h		Vinyasa loga	Ioda Dansat		
18:30h					
18:45h					Hatha ioga
19:00h			loga Embarassades	Power loga	